



www.brahmrishiyoga.org

Brahmrishi Yoga Teacher Training is a Yoga Alliance registered Yoga Training at both the 200 and 500 levels. The initial 200 level training includes philosophy, anatomy, technique, and method of the hours required to create an effective and compassionate teacher. The 500 level will build on the initial 200 level training. Study at the 500 level can proceed with an initial 200 level certification from any Yoga Alliance Registered School.

This application is for the 200 level Brahmishi Yoga Teacher Training and for those who wish to advance in their 500 level training with BYTT but took their training elsewhere.

If you have a certification from another 200 level school, bring a copy of the certificate to your first 500 level session.

Name: _____ email _____ phone(cell) _____

Address _____

Number of years practicing Yoga: ____ Style: _____

Health concerns: _____

Previous surgeries: _____

Other forms of exercise: _____

BYTT is training in a therapeutic style, and as such, you will learn to teach to the needs of the students. Both the 200 level and the 500 level require your curiosity and initiative. In a few sentences, please summarize one area of interest toward which therapeutic yoga could be applied.

signature _____

Bring to the first session, or scan and email to msmilcetch@gmail.com.